# Shree Gurudatta Gramvikas Pratisthan's JIJAMATA SENIOR COLLEGE Jategaon Bk II, Tal – Shirur, Dist – Pune

## Life skills (Yoga, physical fitness, health and hygiene)

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#### **Health Check-up Camps**

SGGP'S Jijamata Senior College, Jategaon BKII arranges Medical Health Check-up camp for first year B.com, BBA(C.A.) & BSc (Computer Science) students as per university Guidelines.

Medical Practitioners form nearby hospitals like Ashtavinayak Hospital, Shikrapur, Tal-Shirur, Dist-Pune are called for medical health checkup for students. General health as per university requirement is done and reports are prepared. If any students have any health problem, he/she is advised about medication.

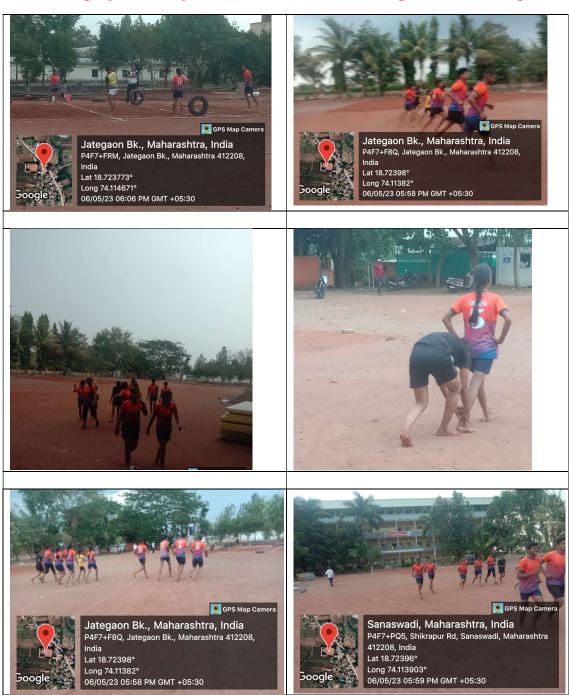
These are some of the glimpses of health check up camps



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#### Photographs of Physical Fitness Sessions arranged in the college





#### Shree Gurudatta Gramvikas Pratisthan's

#### JIJAMATA SENIOR COLLEGE

Jategaon Bk., Tal-Shirur, Dist - Pune

**Sports Committee** 

#### **International Yoga Day Celebration 2021**

Date: 21/06/2021 - 21/06/2021 || No of Students: 51 || No of Teachers: 7

#### **Brief Report:**

The International Day of Yoga has been celebrated across the world annually on June 21 since 2015, following its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in ancient India. The Indian Prime Minister Narendra Modi, in his UN address in 2014, had suggested the date of June 21, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world.

SGGP's Jijamata Senior College, Jategaon Bk II also become part of International Yoga Day celebration. Students, faculty members and staff of the college remain present in the college early in the morning on Yoga Day. On June 21, 2021 students and faculty members were present for the event and performed different types of yogas. Students also guided about benefit of Yoga.

#### Guests:: --

#### Supporting agency: --





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